

LOCAL RESOURCES GUIDE



FOOD RESOURCES

SHELF STABLE FOOD

Mid-Iowa Community Action (MICA) Food Pantry – open to anyone

- 609 4th Avenue, Monday, Tuesday, Thursday, Friday 9:00am-4:00pm
- Emergency food pantry for those in need
- Distributes fresh produce from local farmers – available anytime
- Pantry items are available 2x per month

Drake Community Library Food Cupboard – open to anyone

- 930 Park Street, Monday – Thursday 10:00am – 8:00pm; Friday 10:00am – 6:00pm; Saturday 10:00am – 5:00pm
- Shelf stable food available whenever library is open. Take what you need.

Grinnell Tiger Packs

- Food placed in backpacks for students in need for the weekend
- Students are identified by school staff or through family application
- Talk with your child's teacher or administration to sign up, preK-8th grade

PREPARED FOOD

Blessed Community Meal – open to anyone

- Grinnell United Methodist Church, Friendship Center, 916 5th Avenue
- Thursday, 5:30-6:00pm; indoor seating, no pick up or delivery
- To sign up, go to www.grinnellumc.org/sign-ups and choose Blessed Community Meal or call 641-236-3757 by noon on Wednesday

Food Recovery Network – open to anyone

- First Presbyterian Church, 1025 5th Avenue
- Prepared prepackaged food available
- Tuesdays, Thursdays and Saturdays, pick up at noon in church parking lot.
- Food amount varies and is first-come, first-served. No need to call ahead.
- Food is prebagged and you cannot choose the food items. Please wear a mask and stay inside your vehicle.

Grinnell Community Meal – Open to anyone

- Resuming in the Fall, 2023
- Tuesdays at Davis Elementary, 818 Hamilton Avenue

Iowa Kitchen – open to anyone

- Meal-to-go, pick up at 834 Park Street on Saturday between noon and 12:30pm
- Call 641-236-3657 before Saturday each week to reserve your free prepared meal

Summer lunch program – for children and their families

- Provided by Grinnell Newburg School District, served at Davis Elementary 818 Hamilton Avenue
- Breakfast and Lunch served for free for children ages 1 – 18. Lunch for adults is \$4.15 and Breakfast is \$2.25.
- Meals run June 5th – August 4th (no meal on July 4)
- Breakfast: 7:30am – 8:15am; Lunch 11:00am – 12:30pm
- No registration or identification is required

PRODUCE OPTIONS

Local Foods Connection

- Weekly box of seasonal food, May-October
- Learn more at www.localfoodsconnection.com

Giving Gardens

- Free produce from local gardens
- 9 locations in Grinnell
- See map here: www.ahrensfamilyfoundation.org/giving-gardens

SEE THE REVERSE SIDE FOR MORE RESOURCES

GENERAL FINANCIAL ASSISTANCE

Campbell Fund – Must meet income guidelines

- Financial assistance available for various needs (healthcare bills, rental assistance, utilities, etc.)
- Apply at Grinnell City Offices, 520 4th Avenue or online www.grinnelliowa.gov/266/Campbell-Fund

Community Support for Immigrants (COSI) – For all recent immigrants

- Financial assistance available for various needs (healthcare bills, rental assistance, legal fees, education)
 - Inquire at cosi-iowa.org/contact or 641-316-6868 or email cosicentraliowa@gmail.com
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HOUSING ASSISTANCE

Grinnell Housing Authority – eligibility determined by application

- 641-236-2611, 520 4th Avenue, <https://www.grinnelliowa.gov/300/Low-Rent-Housing>
 - Rent assistance for income-eligible elderly, disabled, and families, funded by HUD
 - Eligible families select their own rental units anywhere in Poweshiek County. Applications are accepted continuously. 8:00am – 3:30pm, Monday – Thursday
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HOME FURNISHINGS & CLOTHING

Second Mile – open to anyone

- 515 3rd Avenue
- Shopping: Monday – Wednesday and Friday 9:00am – 2:30pm; Thursday 9:00am – 4:30pm; Saturday 9:00am – 11:30am
- Inexpensive used clothing, home furnishings, and much more

Renewed Hope – open to anyone

- renewedhope.grinnellfriends.org/
 - Home furnishings available to those who need them
 - Pick up donated furnishings and deliver them to people in Poweshiek County
 - No charge, free will donation accepted
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HEALTHCARE RESOURCES

UnityPoint Public Health – starting point for all public health needs

- Light Center, 306 4th Avenue, 641-236-2385
- www.unitypoint.org/locations/unitypoint-health---grinnell-public-health
- www.facebook.com/PoweshiekCountyPublicHealth

FINANCIAL ASSISTANCE FOR VARIOUS HEALTHCARE NEEDS

Central Iowa Community Services (CICS) – eligibility determined by application

- 641-236-9199, www.cicsmhds.org, 4th Avenue West, Suite 202, brenda.daily@cicsmhds.org
- Provides coordination and financial support for mental health and disability services to eligible applicants
- Service coordination, drop-in centers, mental health crisis services, outpatient non-crisis psychiatry services, housing supports, work supports, and other services.
- Hours: 8:00am – 4:30pm, Monday – Friday

Poweshiek County Dental Coalition – uninsured and underinsured children

- Provides voucher funds for local dental care for people on Medicaid or not insured.
- Provides some travel assistance for people who need to travel out of town for dental care.
- To apply, email: poweshiekdentalcoalition@gmail.com or call 515-650-1877

Lions Club – glasses for children from low-income families

- Lion's Club Referrals are through school nurses and support staff.
- They do screenings in Head Start and other preschool classrooms

JPK Fund – assists people with financial barriers to receiving mental healthcare

- All local providers can access these funds
- If you need mental healthcare and have financial barriers, call any local provider and ask about JPK Fund assistance.
- Or call 641-236-5518 for more information

*An extensive regional resource list is available at Drake Community Library website: grinnell.lib.ia.us/wp-content/uploads/Current_Resource_Guide.pdf

FOR MORE INFORMATION CONTACT

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